January 18 - Manhattan Project and BioLab Fire

April 12 - AHA BLS CPR Training/Certification May 17&18 - 15th Annual MRC GEM Summit -

**MRC GEM Full Schedule** 

February 15 - Cultural Awareness

In the know:

March 15 - First Aid

Hazmat Training



# **An All Volunteer - Nonprofit Organization**

Heroes aren't born. They volunteer!

#### **FUN FACTS**

The coldest temperature ever recorded in Georgia was -17°F on January 27, 1940.

#### **QUICK LINKS:**

- GNR Public Health
- Healthcare Coalition Region D
- **Alerts and Warnings**
- National MRC

# Happy New Year!

# **CELEBRATING OUR VOLUNTEERS Annual Holiday Appreciation Luncheon**



R Michael **MVP Award** 



Merlene Dyce & John Petay **Hall of Fame** 



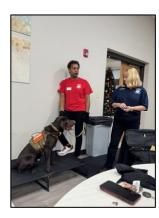
Patty Thumann **MVP** Award

#### Honoring for a legacy of dedication and impact

Thank you for bringing us your insight, leadership, and compassion to our past Board Members:

Audrey Arona, MD Roy Busby

Arnold Zwickel Jerry Roets



A special thank you to The Georgia Emergency Search and Rescue team for coming and speaking to our group on the importance of search and rescue procedures especially for those in our family suffering from Alzheimer's disease. Read a recent article in the AJC on this great nonprofit.



#### **MONTHLY MEETING**

January 18 | 9:00am - 12:00pm

Beverly Puckett, daughter of one of "The Girls of Atomic City," will speak to us about The Manhattan Project and its place in nuclear history. After the break, Mark Reiswig, Director of Emergency Preparedness for GNR Public Health, will discuss the BioLab Fire incident, and how Local, State, and Federal resources were deployed and utilized in the response.

Please go to <a href="https://bit.ly/MRC202501">https://bit.ly/MRC202501</a> to let us know you plan to attend. We'll be at the GNR Health District Office, 2570 Riverside Pkwy., Lawrenceville, GA 30046. We hope to see you there.



### **MRC Units Engage Local Veterans**

Across the MRC Network in 2024

U.S. Department of Health & Human Services





# **MRC Units Engage Local Veterans**

#### Across the MRC Network in 2024

The Medical Reserve Corps is comprised of community members from all walks of life, including veterans. We recognize the significant contributions veterans bring to local MRC Units, as individuals who have "...valuable training and experience through the military, further improving our level of knowledge, expertise, and the ability to respond to more real-world events" (Ocean County MRC, NJ).

In 2024, MRC Units engaged and served veterans in a variety of ways. MRC Units shared a few examples of why they sought out veterans in their community, to include expressing heartfelt gratitude, ensuring veterans felt valued & supported, reducing barriers & extending available resources, and overall honoring their sacrifices and contributions to our country.

#### **Activity Snapshot**



100+ Activities





65 | Inite



1,500 Hours

Upper Merrimack Valley MRC / Westford Health Department (MA) regularly partnered with the Chelmsford Senior Center to offer free hypertension screenings and health education for veterans who attend a monthly breakfast. They report good feedback as some veterans are "eager to continue these monthly screenings" and the town nurse entrusts the volunteers to "take charge" of everything, noting that "the program is in good hands!"

Many MRC Units staff tables at local veterans' events and centers, including Yavapai County MRC (AZ), Burlington County MRC (NJ), West Texas MRC (TX), Sacramento MRC (CA), Acadiana MRC (LA), Winnebago County MRC (IL), RespondDE MRC (DE), and Cameron County MRC (TX). MRC volunteers provided resources such as emergency preparedness information and supplies, health education, community partner information, as well as trained attendees on skills such as hands-only CPR.

Montgomery County MRC (TX) staffed a cooling station during a veteran's ceremony and event. Dutchess County NY MRC (NY) staffed a first aid station for a multi-day Veterans Traveling Vietnam Memorial Wall event in their community. Big Island MRC (III) staffed a first aid station at an event called "The Wall That Heals," which includes a replica Vietnam Memorial Wall. They also staffed a first aid station during a Memorial Day ceremony, bringing peace of mind to the organizers who had an AED but no individuals trained on it.

McHenry County Department of Health MRC (IL) supported Operation Dropbox, an initiative benefitting approximately 3,000 veterans and families. The initiative not only

supports veterans but is an opportunity to manage large quantities of supplies, as would occur during a public health emergency. For example, through a local state-mandated exercise, they simulated the process of unloading and distributing medical countermeasures by collecting and distributing donations for veterans.

Acadiana MRC (LA), Denton County MRC (TX), and RespondDE MRC (DE) participated in local Stand Down events, which provide supplies and services to veterans, such as food, shelter, clothing, and health screenings. MRC volunteers administered influenza vaccines and provided resources to attendees.

Lake County MRC (IL) supported a 22km Ruck March, which increased awareness of veterans' suicide.

Atlantic County Public Health MRC (NJ) volunteers received training on Understanding and Interacting with Veterans. Central New Hampshire MRC (NH) volunteers received training on Veterans Depression. Southwest Lakes MRC (MO) attended a local Veterans Coalition meeting to present on MRC and updated their strategic plan to include recruiting efforts focused on several populations such as veterans. Ocean County MRC (NJ) provided educational and recruitment information to seven local Veterans of Foreign Wars (VFWs) within their county.

Distributed November 2024



#### **Business RadioX Interview**



Sherwin Levinson with MRC-GEM and Kristi Gorinas with Healthy Coverage for Life Business...

Sherwin Levinson/MRC-GEM is an all-volunteer nonprofit whose mission is to augment community health operations during large-scale emergencies, aid response to pressing health care needs, and improve community emergency preparedness. They serve Georgia's Gwinnett, Newton, and Rockdale Counties, a highly-diverse population of well over 1.2 million people. COVID is a perfect example.



Your Kroger Plus Card can help support our programs at no cost to you. Go to Community Rewards to enroll your card in support of MRC GEM.After registering your Kroger Plus Card, search for MRC GEM (org. #JI419) and select us as your supported organization. Once you do, Kroger will donate a percentage of what you spend to MRC GEM.



Support MRC GEM every time you shop. Donate spare change by automatically rounding up your orders to the nearest dollar at checkout. Go to Walmart Spark Good for more information and to enroll in the program.









